



## START TIMES – CRANKWORX CROSS COUNTRY

Age classes are the AGE YOU WILL BE on 12/31/2011!

Wave	Class	Time
1	Pro Men	10:00 am
2	Pro Women	10:02 am
3	Expert Men 19-24 and Single Speed Men	10:04 am
4	Expert Men 25-29	10:06 am
5	Expert Men 30-34	10:08 am
6	Expert Men 35-39	10:10 am
7	Expert Men 40-44	10:12 am
8	Expert Men 45-49	10:14 am
9	Expert Men 18 & Under/50 Older	10:16 am
10	Expert and Single Speed Women (All Ages)	10:18 am
11	Sport Men 19-24 and 25-29	11:03 am
12	Sport Men 30-34	11:05 am
13	Sport Men 35-39	11:07 am
14	Sport Men 40-44	11:09 am
15	Sport Men 45-49	11:11 am
16	Sport Men 18 Under / 50-59 / Open 60 & Over	11:13 am
17	Clydesdale Men	11:14 am
18	Sport Women (All Ages)	11:15 am
19	Beginner Men 19-24 and 25-29	11:50 am
20	Beginner Men 30-34	11:52 am
21	Beginner Men 35-39	11:54 am
22	Beginner Men 40-44 / 45-49	11:56 am
23	Beginner Men 18 Under / 50 Over	11:58 am
24	Beginner Women (All Ages)	12:00 pm